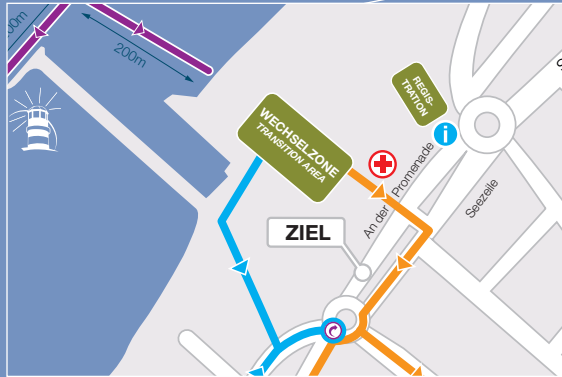


Austria Triathlon Podersdorf  
**Schwimmstrecke / Swim course**  
**Ironman-Distanz**



- Schwimmstrecke / swim course
- Radstrecke / bike course
- Laufstrecke / run course
- Bojen / bouys
- Information / info point
- Rotes Kreuz / medical
- Verpflegung / special needs
- Wende Laufen / turning point run
- Bankomat / cash point

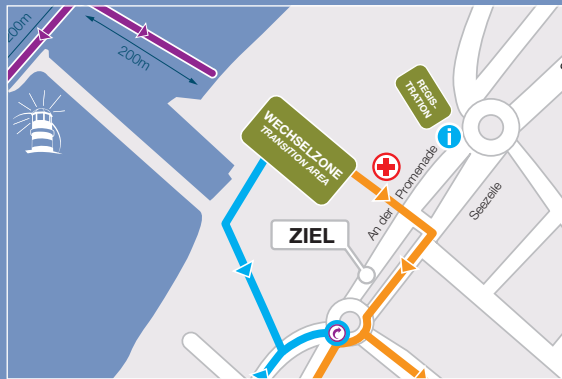
Austria Triathlon Podersdorf  
**Radstrecke / Bike course**  
**Ironman-Distanz**



-  Laufstrecke / run course
-  Radstrecke / bike course
-  Rotes Kreuz / medical
-  Verpflegung / special needs
-  Labestation / aid station
-  Wende / turning point
-  Information / info point
-  Bankomat / cash point
-  Km / km



Austria Triathlon Podersdorf  
**Laufstrecke / Run course**  
**Ironman-Distanz**



- Laufstrecke / run course
- Radstrecke / bike course
- 1Km Strafrunde / 1km penalty
- Rotes Kreuz / medical
- Verpflegung / special needs
- Labestation / aid station
- Wende / turning point
- Information / info point
- Bankomat / cash point
- Km / km

